**Patient Medical Record**

**Patient Name**: Jane Doe  
**DOB**: 05/12/1958  
**Gender**: Female  
**MRN**: 123456789  
**Date of Visit**: 10/06/2024

**Chief Complaint**

*Severe abdominal pain, persistent for two weeks, accompanied by nausea and intermittent vomiting.*

**Past Medical History**

| **Condition** | **Year of Diagnosis** | **Current Treatment** |
| --- | --- | --- |
| Breast Cancer | 2018 | Lumpectomy, Tamoxifen |
| Hypertension | 2015 | Lisinopril 10 mg QD |
| Type 2 Diabetes | 2020 | Metformin 500 mg BID |
| Hyperlipidemia | 2016 | Atorvastatin 20 mg QD |
| Osteoarthritis (Left Knee) | 2019 | NSAIDs, Physical Therapy |

**Medications**

| **Medication Name** | **Dosage** | **Frequency** | **Start Date** |
| --- | --- | --- | --- |
| Lisinopril | 10 mg | Once Daily (QD) | 2015 |
| Metformin | 500 mg | Twice Daily (BID) | 2020 |
| Tamoxifen | 20 mg | Once Daily (QD) | 2018 |
| Atorvastatin | 20 mg | Once Daily (QD) | 2016 |
| Ibuprofen | 400 mg | As Needed (PRN) | 2019 |

**Medication Usage Distribution**

**Lab Results Over Time**

**Radiology Report**

**Type of Exam:**

Computed Tomography (CT) of the abdomen and pelvis with intravenous and oral contrast performed January 10th, 2024.

**History/Reason for Exam:**

64-year-old female with a history of breast cancer and new onset abdominal pain.

**Comparison/Priors:**

Comparison is made to a CT scan of the abdomen and pelvis performed August 24, 2022.

**Technique:**

Imaging was performed from the lung bases through the pubic symphysis following the administration of intravenous and oral contrast. Coronal and Sagittal reformatted images were evaluated.

**Findings**

| **Region** | **Findings** |
| --- | --- |
| **Lung bases** | No pulmonary nodules or evidence of pneumonia. |
| **Liver** | Probable hepatic steatosis. |
| **Gallbladder** | Surgically absent. |
| **Spleen** | Unremarkable (normal). |
| **Pancreas** | Normal. |
| **Kidneys** | Bilateral sub-cm hypoattenuating lesions, likely benign cysts. |
| **Adrenals** | No adrenal nodules. |
| **Lymph Nodes** | No lymphadenopathy. |
| **Bowel** | No dilation or wall thickening. |
| **Bladder** | Normal. |
| **Pelvis** | No masses. |
| **Bones** | Degenerative changes present in the lumbar spine. No aggressive osseous lesions. |

**Impression**

* No findings on the current CT to account for the patient's clinical complaint of abdominal pain.
* Small hypoattenuating renal lesions likely reflect benign cysts. No further work-up is necessary.
* Findings suggestive of hepatic steatosis (fatty liver).

**Laboratory Results**

| **Test** | **Result** | **Reference Range** |
| --- | --- | --- |
| White Blood Cell Count | 7.8 x 10^9/L | 4.0 – 10.0 x 10^9/L |
| Hemoglobin | 12.2 g/dL | 12.0 – 16.0 g/dL |
| Platelets | 210 x 10^9/L | 150 – 450 x 10^9/L |
| Blood Glucose (Fasting) | 145 mg/dL | 70 – 100 mg/dL |
| A1C | 7.8% | <5.7% |
| ALT | 55 U/L | 7 – 56 U/L |
| AST | 45 U/L | 10 – 40 U/L |
| Cholesterol (Total) | 210 mg/dL | <200 mg/dL |
| HDL Cholesterol | 40 mg/dL | >60 mg/dL |
| LDL Cholesterol | 135 mg/dL | <100 mg/dL |

**Placeholder for Radiology Images:**

A close-up of a scan of a human body

Description automatically generated

A close-up of a ct scan

Description automatically generated

**Treatment Plan**

1. **Continue current medications**:
   * Tamoxifen for breast cancer remission.
   * Lisinopril for hypertension.
   * Metformin for diabetes management.
   * Atorvastatin for hyperlipidemia.
2. **Diet and Lifestyle Recommendations**:
   * Low-fat, low-sugar diet to manage hepatic steatosis and hyperlipidemia.
   * Regular physical activity to improve glucose control and alleviate osteoarthritis symptoms.
3. **Follow-up**:
   * Repeat liver function tests in 3 months.
   * Ultrasound of kidneys in 6 months to re-evaluate renal lesions.
   * Consider referral to a dietician for personalized nutrition counseling.

**Consultations**

| **Specialty** | **Date Requested** | **Comments** |
| --- | --- | --- |
| Gastroenterology | 01/02/2024 | Evaluation of hepatic steatosis |
| Endocrinology | 01/10/2024 | Management of Type 2 diabetes |
| Radiology | 01/15/2024 | Review of renal lesions |

**Prescriptions**

| **Medication Name** | **Dosage** | **Frequency** | **Start Date** | **Refill** |
| --- | --- | --- | --- | --- |
| Lisinopril | 10 mg | Once Daily (QD) | 01/06/2024 | Yes |
| Metformin | 500 mg | Twice Daily (BID) | 01/06/2024 | Yes |
| Atorvastatin | 20 mg | Once Daily (QD) | 01/06/2024 | Yes |
| Ibuprofen | 400 mg | As Needed (PRN) | 01/06/2024 | No |

**Physician Signature:**  
Dr. John Smith, MD  
Department of Internal Medicine  
Date: 10/06/2024